

# Pride Parents

**a safe space for the LGBTQ+ community**

Having a baby when you're LGBTQ+ can bring additional challenges to navigate.

Join us for a 5 week in-person group meet-up to build connections with other LGBTQ+ parents. Come for a cuppa and a chat.



**Great coffee and a place for kids to play!**



**Find a meet-up and book your place**

For times and places of our upcoming meet-ups



please scan the QR code, or visit: [blgmind.org.uk/mindful-mums/lgbtq-group](https://blgmind.org.uk/mindful-mums/lgbtq-group)

Bromley,  
Lewisham  
& Greenwich

