



Lewisham and Greenwich NHS Trust

**Has someone close to
you died recently?**

**Would you like to come
to a group where you
can share experiences,
and get information
and informal support?**



The Lewisham Macmillan Bereavement Drop-In meets once a month at Blackheath Quaker Meeting House, Lawn Terrace, SE3 9LL (bus routes 108, 89, 54, 202).

It's a chance to share a cup of tea and a chat with people in the same situation who know what it's like.

The group is supported by a trained bereavement counsellor who is familiar with the difficult experiences that loss and grieving can bring.

You don't need to come every time, just as and when you want to.
**First Wednesday of each month,
starting June 2022, 2.15pm-3.45pm.**

**Please phone or email us if
you would like to know more.
You can also ask a healthcare
professional such as a GP, nurse
or health visitor to refer you.**

 lg.maps@nhs.net

 020 8333 3000 ext 26899

Please note: The group is intended for people who have experienced the death of a relative or friend in the last 3 to 12 months.

This group does not offer therapy or 1-2-1 support, but can signpost you to other local services.



High quality care for every patient
every day

**MACMILLAN
CANCER SUPPORT**